

Feedback from Masterclass in Golf Psychology; October & November 2010

Quotes Used with Informed Consent

“Brian uses his experience and personality to really engage and share ideas. The sharing of work with squads, golfers, coaches and support staff enabled the information to be real. A really good balance of background information and theory. Enables people to look forward to working with golfers of all abilities.” BASES SE Psychology Support Year 3 Individual

“Enjoyable, informative, well-planned, well-structured – I felt it was very professionally done. What I enjoyed most was the relaxed atmosphere combined with the incredible amount of knowledge that I learned.” European Sport Psychologist (FEPSAC)

“I felt very lucky to share time with such a qualified and experienced psychologist as Brian.” HPC Registered Sport & Exercise Psychologist

“What I liked is the approach of not ramming techniques or tools to us. It gave a really insightful look into Brian’s approach, but he stressed it is for us to create our own pathway. Inspires you to enter the golfing arena.” NLP Practitioner

“The course really helped me cement my current knowledge, develop new ideas and understand the applied golf setting. I gained much sport-specific knowledge and listened to someone with valuable experience. The length of sessions, breaks and resources were great.” BASES Accredited (Psychology Support) Individual

“Clear, expert knowledge and experience. Really liked the engaging stories throughout – brought the course to life and were memorable. The props had great impact. Funny – good humour throughout and great pace. Got lots from the course on various levels and it provoked a lot of thought. Fantastic – thank you.” NLP Practitioner/Business Coach

“Right amount of didactic and audience participation. Levels of fun promoted learning. Especially useful was the quiet eye putting session, statistics for putting, and understanding of process and outcome in putting in reducing pressure.” Chartered Clinical Psychologist

“Great course that motivated me to get involved in applied psychology work. Stories of application in the field were helpful, and there were good links to research when relevant.” Lecturer in Sport and Exercise Psychology

“Quiet eye and putting was a really useful insight from a beginner’s point of view – not overcomplicated by the technical elements of golf. Really enjoyed the story-telling too.” HPC Registered Sport & Exercise Psychologist

“The best workshop I have been on by a mile. I really liked that it was very applied as often theory/research dominate these courses. It provided information and tools that you can immediately adopt. I really liked the interaction and banter of the 2 days. Brian’s approach and style of sport psychology is very much the type of sport psychologist I am trying to

develop myself towards. I feel this course has been pivotal in my overall career development. It also provided me with lots of ideas to take away and Brian's own development path gave me some ideas on how to develop myself." BPS Stage 2 Candidate in Sport and Exercise Psychology

"An excellent course which gave a great insight into sport psychology within golf. It gave a good understanding of a sport psychologist's down to earth approach toward developing golfers. Definitely a course I would recommend." Lecturer in Golf and Sport Science

"The most memorable things I got from the masterclass were to do with the power of engagement and how one does this. Also the art of storytelling to incorporate significant factors related to golf. I also found that the idea of keeping it simple was very helpful. Brian made himself available for as many questions as one could ask leaving you feeling that you completely understood the well thought out content." NLP Practitioner/Golf Teacher

"All in all an enjoyable workshop with good content and delivery." PGA Professional/PhD Student in Sport Psychology