

Masterclass in Golf Psychology

'Taking coaches and players from good to great' January 2015

Dr. Brian Hemmings & Dr. Richard Cox

Delegate feedback (n=41)

(Ratings 1= poor, to 5= Excellent); Content and Structure of day 4.8

Booking & Registration 4.5; Room & facilities 4.3; Food served 4.0; Location of Venue 4.1

Comments

'Really interesting topics very well presented. Loads of practical ideas from experts who have actually done it. A real confidence boost for my own professional practice'

'Great day for both PGA professionals and psychologists. Provided some really practical information that you cannot get from books'

'The masterclass was very well organised and structured. It was a great day to learn practical elements to use with clients. An excellent opportunity to understand applied work.'

'This was a fascinating opportunity to receive experience and clarity on the application of psychology to golf performance'

'Really insightful masterclass run by Richard and Brian; gives people like myself on BPS Stage 2 training a great opportunity to learn and understand more specific golf principles and strategies when working with golfers, and how to apply sport psychology skills into their training and competition environments.'

'No substitute for having teachings from experienced professionals like Brian and Richard. If you are serious about the psychology of golf then you should take the courses.'

'Very informative and covers a lot of content regarding performance within golf and sport.'

'A fantastic day of personal development and workshop delivery inspiration'

'Great insight into sport psychology and golf'

'An excellent practical insight into the process of planning and evaluation of golf performance'

'A relaxed and personable experience. Both Brian and Richard are extremely approachable and it goes without saying, incredibly knowledgeable'

'First class delivery with opportunity to understand real applied tools and techniques that are proven'

'I would definitely recommend this masterclass to other sport psychologists or coaches. The delivery was engaging and the content interesting, thought-provoking, and with practical application. I have lots to put into practice'