

## Masterclass in Applied Sport Psychology

### WORKSHOP

#### 'Being creative in your practice: Using story-telling with athletes'

Weds 9<sup>th</sup> April 2014

Content & Structure of Workshop (1= poor, 5= Excellent).

Ave. rating 4.7 (n=10)

#### *Comments from Delegates*

'Brian Hemmings always gives a top class performance'

'This masterclass makes an everyday under-utilised method into something real for applied practice'

'Fantastic workshop, excellent speaker, learned so much!'

'This was a fabulous day with plenty of ideas that I will use in my consultancy'

'Excellent, unique, friendly approach'

'Really useful and informative'

'An interesting topic that perhaps reflects ability to be a professional artist'

'Enjoyed the session. Thanks! Great personal stories.'

'The content and examples were informative, varied and fun. Gaining first-hand experience of delivering stories was valuable and highly applicable to applied practice'