

Dr. Brian Hemmings, C.Psychol., AFBPsS; HonFCASES HCPC Registered Sport Psychologist

Brian has 35 years of experience in sport psychology consultancy. Working full-time in private practice since 2006, he is author of five books, 17 book chapters, and over 50 research papers.

Having a world profile in golf psychology, he was the lead psychologist to the England golf team for 17 years, and has worked across many male and female professional tours. In golf coach education, Brian has delivered sessions for PGA professionals since 2002, and his online Golf Psychology Coaching Certificate (www.golfpsychologycoaching.com) has been completed by over 1000 coaches worldwide, being recognised as an approved education programme by the PGAs of GB&I, South Africa, New Zealand, Canada, Switzerland, Belgium, Germany and the CPG across Europe; the course being translated into German, Spanish and South Korean. Brian has hosted four national golf psychology conferences since 2002, runs regular masterclasses, and has been a keynote speaker at several PGA National Conferences across Europe. He has also presented and given workshops internationally in the USA, Hong Kong, China, India, Australia, South Korea, Austria, Germany, Holland and Italy (www.golfmind.co.uk)

Brian also has a wealth of experience in over 30 other sports, mainly in professional cricket, Olympic and Commonwealth Games boxing, and motorsport including Formula 1/LeMans.

Brian gained his doctorate in sport psychology from the University of Southampton in 1998; and has trained, supervised and mentored over 70 sport psychology trainees over the last 30 years. In 2010 he was awarded a Fellowship by the Chartered Association of Sport and Exercise Sciences in recognition of 'esteemed personal achievement, skills, knowledge and service to CASES and the sport and exercise science community'.



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